

# Holding onto Hope

In the Midst of  
Grief, Loss, and COVID 19



2021 CT DMHAS Bi-Monthly Family Webinar Series

Families Rising Together:

Creating Connections that Sustain Us

Come hear from Ceci Iliff, Founder, TheCharityChallenge.net, Leah Williams, Amplify, and Richard Youins, Yale PRCH, who have navigated grief & loss from various personal, family, and community perspectives, including the impacts of mental health, addiction, trauma, Covid-19 and how they found hope. Attendees will hear about CT supports and resources, and have the opportunity to talk with other families about your own experiences navigating grief, loss and hope

Please join us April 13<sup>th</sup>  
@ 6pm for the next  
webinar

Register today!

[Click here](#)

## Future Webinar Dates:

June 8th: Arts & Healing

Oct. 12th: The Science of Adverse  
Childhood Experiences  
(ACEs)

Dec. 14th: Holiday Event

If you need an accommodation,  
such as captioning, please  
contact Cheri Bragg by 3/30/21  
at :

[cheri.bragg@ct.gov](mailto:cheri.bragg@ct.gov)

(860) 426-4534



Organized by the DMHAS Office of Recovery  
Community Affairs (ORCA)

Co-sponsored and co-organized by the below  
organizations

