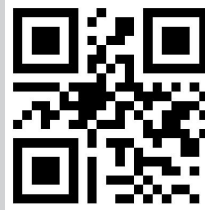


# FOOD ASSISTANCE RESOURCE GUIDE



## RESOURCE MAP

SCAN FOR A MAP OF THE  
RESOURCES LISTED IN  
THIS GUIDE OR VISIT:

[bit.ly/nhvfoodmap](https://bit.ly/nhvfoodmap)

Please call ahead to confirm hours

## FOOD PANTRIES

### OPEN TO ALL

No proof of income or  
residency status required

- All agencies that distribute TEFAP/ USDA food must distribute food to CT residents regardless of city or neighborhood.
- Individuals will be asked to verbally attest to eligibility requirements.

#### Believe in Me Empowerment

427 Dixwell Ave.  
203-772-2771

1st Tues, 11am-1pm for  
emergency walk-up  
3rd Thurs, 4pm-6pm

#### Bethel AME Church

255 Goffe St.  
203-915-2947.

3rd Sat of month, 10am-12pm  
4th Wed, 12-2pm

#### Beulah Heights Church - Helping Hand Food Pantry

782 Orchard St  
203-745-3589

2nd Tues, 3pm-5:30pm  
4th Tues, 11am-1pm

#### Cathedral of Higher Praise

155 Grand Ave.  
203-776-7676

2nd & 4th Sat, 9am-10am

#### Centro San Jose

290 Grand Ave.  
203-777-6771

Last Fri, 9am-12pm

#### Christian Community Action

168 Davenport Ave.  
203-777-7848

Scheduled appointments  
recommended for M, T, W  
9:30am-3:45pm. Walk-ins  
welcome on Tues, 2pm-3pm

#### Christian Love Center- West River

154 Derby Ave.  
203-752-1644  
2nd & 4th Thurs, 4pm-6pm  
Temporarily Closed; Reopens  
September 2023

#### Community Baptist Church

143 Shelton Ave.  
203-562-7060  
1st Wed of month, 10am-11am

#### Door of Salvation Church

3 Arch St.  
203-691-5608  
3rd Tues of month, 10am-11am

#### Ed Leduc Memorial Food Pantry - A Place to Nourish Your Health

1302 Chapel St.  
203-624-0947  
Wed & Thurs, 10am-12:30pm  
and 1:30pm-3pm

#### Free Forever Prison Ministry

125 Ramsdell St.  
203-435-6418  
Call Mon-Fri, 9am-5pm for an  
appointment.

#### Glorified Deliverance

604 Dixwell Ave.  
2nd & 4th Sat of month,  
11am-1pm

#### Iglesia Jehovah Rohi

577 Howard Ave.  
203-605-8060  
3rd Sat of month, 11am-12pm

#### Immanuel Missionary Baptist Church

1324 Chapel St.  
203-777-8744  
4th Sat of month, 8-9:30am

#### Integrated Refugee & Immigrant Services (IRIS)

75 Hamilton St.  
203-562-2095  
Wed; 8:30am-11am  
Pantry serves immigrants,  
refugees, asylees, asylum  
seekers, and CT residents.

#### Jewish Family Services

1440 Whalley Ave.  
203-397-0796  
Wed & Thurs, 9am-12pm (by  
appointment only)

#### Keefe Community Center

11 Pine Street  
Hamden, CT 06514  
Mon & Thurs 12pm-2pm, Tues  
2pm-4pm, Wed and Fri 9am -11am

#### Liberty Educational Service Center

44 Eastern St.  
203-691-9494, 203-606-1905  
2nd & 4th Sat, 1pm-3pm. Only  
open to New Haven residents.  
Must call Friday after 2pm to make  
appointment.

#### Loaves & Fishes

57 Olive St.  
Sat, 8:30am-10:30am

#### Maranatha Life Changing Ministries COGIC - Newhallville Substation

596 Winchester Ave.  
203-440-6774  
4th Tues, 3pm-5pm

#### Mount Hope Recovery Center

565 Dixwell Ave.  
203-785-0656  
2nd & 4th Fri, 5pm-6pm.  
Must be signed in by 5:50pm.

#### New Flame Restoration

1375 State St  
203-843-8831  
Thurs, 3:30pm until food runs out

#### New Haven Church of Christ

16 Gem St.  
203-777-2992  
2nd Sat of month, 12pm

#### New Haven Inner City Enrichment (NICE) - Hill Substation

410 Howard Ave.  
203-479-0056  
Last Sat of month, 11am-1pm

#### Olive Street Pantry

57 Olive St.  
203-624-6426  
Wed, 1:30pm-3pm

#### Salvation Army - New Haven

450 George St.  
203-624-9891  
Mon, Wed, Fri, 9am-12pm

#### Second Star of Jacob

185 Chapel St.  
203-776-9603 (call 9am-1pm)  
Last two Thurs of month,  
10am-12pm

#### St. Luke's Church

111 Whalley Ave.  
203-865-0141, ext. 101  
1st & 3rd Fri, 10am-12pm  
Temporarily Closed

#### St. Matthew's Church

388 Dixwell Ave.  
203-777-0472  
2nd Sat of month, 8am-9am

#### Upon This Rock Ministries - Dwight Substation

150 Edgewood Ave.  
203-387-1215  
3rd Sat of month, 9am-12pm

#### Varick AME Zion

242-246 Dixwell Ave.  
203-624-6245  
1st Sat of month, 10am-12pm  
Mon-Thurs, 10am-2:30pm

#### Vertical Church - Fair Haven Substation

295 Blatchley Ave.  
203-503-8620  
3rd Sat of month, 9am-11am

#### Walk of Faith Church

104 Fairmont Ave.  
203-469-5134  
Wed, 12pm-2pm

#### Women of the Village - Dixwell Substation

26 Charles St.  
203-675-9437, 203-376-2790  
Tues, 1pm-2pm

### Connecticut Food Bank Mobile Pantry

Pantry times vary by location  
and include morning,  
afternoon, and evening times  
to accommodate as many  
schedules as possible. Check  
the schedule at:

[bit.ly/mobilepantries](https://bit.ly/mobilepantries)

For additional resources,  
please dial: 2-1-1  
For the latest guide, visit:

[bit.ly/getconnectednhv](https://bit.ly/getconnectednhv)

## SOUP KITCHENS

### Community Soup Kitchen

84 Broadway  
203-624-4594

Breakfast: Sat, 8am-9am  
Lunch: Mon-Fri, 11am-1pm

### Downtown Evening Soup Kitchen (DESK)

311 Temple St.  
203-624-6426

Sun-Thurs, 5pm-6pm;  
All dinners served outside

### Immanuel Missionary Baptist Church

1324 Chapel St.  
203-777-8744  
Sun, 11:30am-12:30pm

### St. Luke's Church

111 Whalley Ave.  
203-865-0141  
Temporarily Closed

### St. Martin Deporres

136 Dixwell Ave.  
203-624-9944  
Tues, 8:30am-9:30am

### St. Matthew's Church

388 Dixwell Ave.  
203-777-0472  
Temporarily Closed

### St. Paul's Church

150 Dwight St.  
203-624-3937  
3rd Sat, 12pm-2pm

### St. Thomas More Chapel

268 Park St.  
203-777-5537  
Wed, 11am-1pm; begins the first Wed in Oct and ends the last Wed in April.

### Sunrise Café

57 Olive St.  
Phone: N/A  
Mon-Fri, 6:30am-8:30am

### Thomas Chapel Church of Christ

30 White St.  
203-865-6254  
Wed, 11am-1pm

### Varick AME Zion

242 Dixwell Ave.  
203-624-6245  
Mon, 4pm-5pm  
Closed during major holidays

### Yale Community Kitchen

323 Temple St.  
203-624-6420  
Fri & Sat, 5pm-6pm  
All dinners served outside

## CLIENT SPECIFIC NEEDS

## FOOD PANTRIES

### FISH of Greater New Haven

delivers groceries to homebound and disabled New Haven residents. Call 203-503-0107 to schedule an assessment. Calls accepted Mon-Fri, 9am-4pm. Delivery Hours assigned Mon-Fri, 10am-5pm

### SNAP (Food Stamps)

Households and individuals who wish to apply for Supplemental Nutrition Assistance Program (SNAP) may check eligibility and apply online at [www.connect.ct.gov](http://www.connect.ct.gov), under 'Apply for Benefits.'

### Women, Infants & Children (WIC)

Women, Infants & Children's (WIC) program is a supplemental food and nutrition program for pregnant women, new moms and children under the age of 5 yrs old. To apply to be a WIC participant, please call 1-800-741-2142.

*All CitySeed Farmers' Markets accept SNAP, WIC, FMNP checks, and Senior FMNP checks. CitySeed offers double value for SNAP at all of its markets and Mobile Market.*

This guide was developed in collaboration with:



To update resource information, please visit:

[bit.ly/guideupdate](http://bit.ly/guideupdate)

## SENIOR MEALS

### Atwater Senior Center

26 Atwater St.  
203-946-8558  
Mon-Fri, 11:30am-12:30pm  
Register the day before

### Casa Otonal

135 Sylvan Ave.  
203-773-9849  
Lunch: Mon-Fri, 12pm-1pm  
Age 60+

### Dixwell/Newhallville Senior Center

197 Dixwell Ave.  
203-946-8541  
Mon-Fri, 11:30am-12:30pm  
Register one week in advance

### East Shore Senior Center

411 Townsend Ave.  
203-946-8544  
Mon-Fri, 11:30am-12:30pm  
Register one week in advance

**LifeBridge Community Services** offers senior meals through Meals on Wheels (delivered Mon-Fri between 8am and 2pm). They also coordinate lunches at 16 different senior centers throughout the Greater New Haven area. Meals are served Mon-Fri from 11am-12:30pm. Call 203-752-9919